

Relationship between perceived time pressure during visits and burnout among home visiting nurses in Japan

(博士論文より／ A part of the Doctoral thesis)

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概要

訪問看護師の約30%が、頻繁にタイムプレッシャー（時間が足りないことを理由に、自分が十分なケアを提供できないという思い）を感じていることが明らかになりました。頻繁なタイムプレッシャーは、訪問看護師のバーンアウト（疲弊したり仕事に興味をなくしてしまったりした状態）の強さにも関連していました。

Abstract

We have shown that approximately 30% of home-visiting nurses frequently felt a sense of time pressure (the feeling that they do not have enough time to provide sufficient care). Frequent feelings of time pressure were also correlated with burnout (loss of interest in work due to exhaustion, etc.).

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